








ALL DAY PRODUCTS & THEIR ALLERGEN CONTENT																	
Our food is freshly prepared in a small, busy kitchen, so we can't guarantee our food or drink is allergen-free. Please take care and speak to our team about our ingredients before you order your food and drinks. Please remember to check our guide regularly as recipes do change from time to time – the last thing we want is for anyone being caught out by a new take on an old favourite. If you have any further queries please don't hesitate to send us an email hello@farmerj.com or speak to a member of our team.				CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
					Freeskeh, Wheat, Rye, Barley, Oats, Spelt or Khorasan	Prawns, Crabs, Lobster, Crayfish					Clams, Mussels, Whelks, Oysters, Snails and Squid		Almonds, Hazelnuts, Walnuts, Pecan, Brazil, Pistachio, Cashew and Macadamia				Sulphur Dioxide, (>10mg/kg or 10mg/L)
TREAT YO'SELF	INGREDIENTS	TAGS	ALLERGENS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Chocolate Chip Cookie	Unsalted Butter (Milk), Gluten-Free Oat Flour, Dark Chocolate Chips (15%) [Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin)], Dark Brown Sugar, Unrefined Cane Sugar, Free Range Pasteurised Whole Eggs, Rice Flour, Tapioca Starch, Vanilla Extract, Raising Agent (Sodium Carbonates), Sea Salt, Thickener (Xanthan Gum).	G / V	Milk, Egg, Soya				✓			✓						✓	
Matcha Cookie	Butter (Milk), Gluten-Free Oat Flour, Unrefined Cane Sugar, Free Range Pasteurised Whole Eggs, White Chocolate Chips (12.2%) (Sugar, Cocoa Butter, Milk Powder, Emulsifier (Soya Lecithin), Vanilla Extract), Coconut Sugar, Rice Flour, Tapioca Starch, Matcha Green Tea Powder (2.2%), Raising Agent (Sodium Carbonates), Sea Salt, Thickener (Xanthan Gum).	G / V	Milk, Egg, Soya				✓			✓						✓	
Salted Caramel and Dark Chocolate	Gluten-Free Oat Flour, Golden Caster Sugar, Refined Coconut Oil, Rice Flour, Gluten-Free Oat Drink [Water, Gluten Free Oats, Sunflower Oil, Sea Salt], Dark Brown Unrefined Cane Sugar, Dark Chocolate Chips (9%) [Sugar, Cocoa Butter, Emulsifier (Soya Lecithin)], Caramel Inclusions (3%) [Sugar, Glucose Syrup, Palm Oil, MB RSPO Barrier Coating (Palm Oil, Palm Kernel Oil, Citric Acid), Natural Flavour, Natural Colour: Caramelised Sugar Syrup, Emulsifier: Sunflower Lecithin], Sea Salt, Emulsifier: Soya Lecithin, Natural Flavourings], Tapioca Starch, Water, Caramel Sauce (2%)[Caramel (Glucose Syrup, Sugar, Sugar, Water), Vegetable Fat, Stabiliser: Glycerol; Coconut Milk Powder, Apple Fibres, Salt, Emulsifier: Sunflower Lecithin], Vanilla, Flaxseed, Sea Salt, Raising Agents: Diphosphates, Sodium Carbonates, Sea Salt, Thickener: Xanthan Gum.	Ø / G / V / Ve	Soya													✓	
Almond Bakewell	Oats, plant oils ((rapeseed, sustainable palm, sunflower, linseed) water, salt, plant based emulsifier, vinegar, natural flavourings, vitamin A), golden syrup, brown sugar, ground & flaked almonds, black cherry filling (black cherries, water, sugar syrup, modified maize starch, colour, acidity regulators, natural flavourings, preservative.)	Ø / V / Ve	Gluten, Nuts		✓								✓				
Banana Bread	Wheat Flour, Banana, Caster Sugar, Unsalted Butter, Eggs, Creme Fraiche, Almond, Organic Honey, Vegetable Glycerin, Baking Powder (Raising Agents (E450i, E500ii), Wheat Flour (Contains Calcium, Iron, Niacin, Thiamine)), Vanilla, Flavouring (Water, Carrier: Propylene Glycol (E1520), Caramel Sugar Syrup, Thickener: Xanthan Gum (E415), Acidity Regulator: Citric Acid (E330)), Salt, Baking Soda	V	Gluten, Eggs, Milk, Nuts		✓		✓			✓			✓				
Brownie	Caster Sugar, Valrhona Tropiclia (Dark Chocolate Couverture 70% Cocoa Minimum, Pure Cocoa Butter, 28% Sugar, 39% Fat) , Unsalted Butter, Eggs, Sunflower Oil, Gluten Free White Flour (Brown Rice Flour, White Rice Flour, Maize Starch, Tapioca Starch, Maize Flour, Buckwheat Flour), Water, Cocoa Powder, Acidity Regulator: Potassium Carbonate (E501), Egg Yolk, Baking Powder (Raising Agents (E450i, E500ii), Wheat Flour (Contains Calcium, Iron, Niacin, Thiamine)), Sea Salt	V	Gluten, Milk, Eggs		✓		✓			✓							
Banana Mini	Fairtrade Bananas, Self-raising Flour (Wheat), *Unrefined Golden Caster Sugar, Rapeseed Oil, Free-range Eggs, Pure Vanilla Extract, Cinnamon, Nutmeg, Bicarbonate of Soda, Baking Powder, Salt.	Ø / V	Gluten, Eggs		✓		✓										
Vegan Banana Maple Dark Choc Mini	Fairtrade Bananas, Self-raising Flour (Wheat), 100% Pure Maple Syrup, Rapeseed Oil, Pure Vanilla Extract, Fairtrade Cinnamon, Fairtrade Nutmeg, Bicarbonate of Soda, Baking Powder, Salt, Dark 54% Belgian Chocolate Chip	Ø / V / Ve	Gluten, Soya		✓											✓	