















BREAKFAST PRODUCTS & THEIR ALLERGEN CONTENT																
																
Our food is freshly prepared in a small, busy kitchen, so we can't guarantee our food or drink is allergen-free. Please take care and speak to our team about our ingredients before you order your food and drinks. Please remember to check our guide regularly as recipes do change from time to time – the last thing we want is for anyone being caught out by a new take on an old favourite. If you have any further queries please don't hesitate to send us an email hello@farmerj.com or speak to a member of our team.	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE		
		Freekeh, Wheat, Rye, Barley, Oats, Spelt or Khorasan	Prawns, Crabs, Lobster, Crayfish					Clams, Mussels, Whelks, Oysters, Snails and Squid			Almonds, Hazelnuts, Walnuts, Pecan, Brazil, Pistachio, Cashew and Macadamia				Sulphur Dioxide, (>10mg/kg or 10mg/L)	

Apr-24

15/04/2024 09:30

On Toast & Rolls	TAGS	ALLERGENS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Avocado + Preserved Lemon Toast	D / V / Ve	Gluten (Wheat, Rye, Barley), Sesame		✓										✓		
Salmon + Egg Toast	D	Gluten (Wheat, Rye, Barley), Egg, Fish, Sesame		✓		✓	✓							✓		
Salmon, Avocado + Labneh Roll		Gluten (Wheat, Oats), Fish, Milk, Sesame, Soya		✓			✓		✓					✓	✓	
Pastrami + Pickles Roll	D	Gluten (Wheat, Oats), Eggs, Mustard, Sesame Seeds, Soya		✓		✓					✓			✓	✓	
Farmer's Egg + Bacon Roll	D	Gluten (Wheat, Oats), Egg, Sesame, Soya		✓		✓								✓	✓	
Egg Pots	TAGS	ALLERGENS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Shak Bowl	G / V	Egg, Milk, Sesame				✓			✓					✓		
Salmon + Avocado	D / G	Eggs, Fish				✓	✓									
Green Eggs + Labneh	G / V	Eggs, Sesame, Milk				✓			✓					✓		
Bacon, Avocado + Harissa Ketchup	D / G	Eggs				✓										
Porridge	TAGS	ALLERGENS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Plain Porridge	D / V / Ve	Gluten (Oats)		✓												
Almond, Date Tahini + Banana Porridge	D / V / Ve	Gluten (Oats), Nuts (Almond), Sesame, Sulphites		✓								✓		✓		✓
Berry + Maple Porridge	D / V / Ve	Gluten (Oats)		✓												
Cold Pots	TAGS	ALLERGENS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Oats, Peanut Butter + Compote	D / V / Ve	Gluten (Oats), Peanut		✓									✓			
Greek Yoghurt, Oats + Berries	V	Gluten (Oats), Milk		✓					✓							
Coconut Chia, Blueberry + Halva	D / G / V / Ve	Sesame, Sulphites												✓		✓
Pastries	TAGS	ALLERGENS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Pain Au Chocolat	V	Gluten (Wheat, Barley), Eggs, Milk, Soya		✓		✓			✓						✓	
Butter Croissant	V	Gluten (Wheat, Barley), Eggs, Milk		✓		✓			✓							
Cinnamon Roll	V	Gluten (Wheat, Barley), Eggs, Milk		✓		✓			✓							
Gruyere + Leek Croissant	V	Gluten (Wheat, Barley), Eggs, Milk		✓		✓			✓							
Other	TAGS	ALLERGENS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Seeded Sourdough + Cultured Butter	V	Gluten (Wheat, Rye, Barley), Milk, Sesame		✓					✓					✓		